

# OTESFORSCHOOLS

## Home Learning Guide



**Be informed.**



**Be curious.**

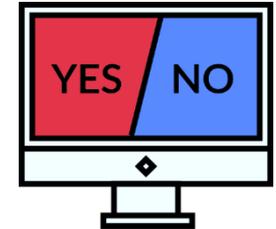


**Be heard.**

# Welcome to VotesforSchools!



Each week, VotesforSchools provides lessons to pupils all over the country, asking them about the issues that matter to them. Their votes are recorded and sent out to charities, organisations & decision-makers to help make a difference.



**This doesn't stop while schools are closed either. Until things go back to normal, we'll be making this weekly guide to help you and your families learn at home! This week, your pack includes:**

**1 Top tips for learning at home**

**2 Taking your VotePack further**

**3 Learn something new**

**Questions or suggestions?** Get in touch on social media @votesforschools!



# 1 Top tips for learning at home

Learning from home can be stressful and may make you feel anxious, but we've got some top tips on how to stay on top of negative feelings!



## 1 Stay connected with people

Keeping in touch with friends & family through calls or social media can have positive effects on your mental wellbeing. It could be a fun way to do your VfS lessons too!



## 2 Talk about it

If you're feeling worried, scared or overwhelmed, talk to someone you trust – like a family member, friend, or teacher. It's possible they might even have the same concerns as you.

## 3 Support and help each other

Helping other people can help you feel more positive, and you never know what difference you could make to someone else. Could you contact a friend or a family member to see if there's anything you could help them with?



# 1 Top tips for learning at home



## Think about your new daily routine

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Creating a plan and structuring your day can make you feel calmer and more in control of your situation. Create a daily or weekly timetable, like you would have at school, but with your own personal twist!

## 5 Look after yourself

Sleep, exercise and eating well: it sounds simple, but all these things will help you feel more positive and focused throughout the day.



## Make time to relax & do things you enjoy

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When you're making your schedule, don't forget to pencil in time to take breaks, relax or do things you enjoy. Just make sure you don't forget about your school work!



1

# Top tips for learning at home



But **don't just take our word for it!** Here's some of the advice that **pupils across the country** have recommended!

"I have FaceTimed my friends so I was more confident."

**Stanford Primary School**

"To learn easily at home you should make a timetable about when to work and when to rest."

**Blue Coat Junior School**



"Find a quiet space, then turn off the TV if it is on. Then you can work in peace and get on with your work!"

**Ormiston Meadows Academy**



"Reading books, watching documentaries and getting outdoors."

**Redhill Primary School**

"Listen to your favourite song whilst you work!"

**Manor Way Primary Academy**



"We try to make home learning fun."

**Lancasterian Primary School**

"Start the day with PE as it gives you energy for the rest of the day."

**Five Elms Primary School**



"Having a to do list has been really helpful, then ticking off as I go along. Believing that you can do it, even without the teacher."

**Childwall Church of England Primary School**

## 2 Taking your VotePack further

This week's VoteTopic is about **money**.  
One of the things we **spend a lot of money on** is **groceries** (food & drink)!

**Different supermarkets** sell items at **different prices**, so adults are always trying to find the **best place to shop**.

**Example:**



**Where's the best place to buy?**

Choose an item that you like to eat. Then, look online at the prices of this item at different supermarkets. Can you answer these questions?

**Heinz Tomato Ketchup (650g)**

Supermarket	Price*
Waitrose	£2.55
TESCO	£2.00
Sainsbury's	£2.45

**1. Which shop is cheapest?**

**2. Which is the most expensive?**

**3. Is it the same for a different item?**

**Challenge:**

Write your findings in a table and share them with the adult in your house.

## 2 Taking your VotePack further

### Discover

Stretch your brain with the amazing info in these factsheets – they've got money covered!



#### Different ways to pay

Find out about cash, bank cards and more, and how best to use them.

Download



#### What do banks do?

Find out what banks do with your money, and why they'll pay YOU for looking after your savings!

Download



#### Types of account

Confused by current accounts? Stumped by savings accounts? This factfile will make everything clear!

Download

### Go online!

Natwest MoneySense has lots of games and activities to help you learn more about managing your money! Just click the picture that shows your age group and have a look for yourself.

Home > Students 5-8

### Kids' zone: 5-8s

Learn about money with fun games, puzzles and interactive activities!



Play

Do you think some jobs pay more than others?



### THE CHANGE GAME



[The change game](#)

### Scam Busters

Help Liam and his family decide if they're being scammed.



[Scam Busters](#)

### Kids' zone: 8-12s

Want to make sense of money? These games, videos and interactive activities could turn you into a money genius in no time!



Play

## 2 Taking your VotePack further

### Create!

Feeling creative? Get out your pens and paper (or cameras and computers) and have a go at one of these activities!



### An app

**Design an app** that will help young people keep track of their money and budget for what they spend.

### A new curriculum

Do you think school teaches you about life skills (e.g. money management, taxes, cooking, driving?) **Plan out a “School of Life” curriculum** that you think would help young people prepare for when they leave education! What **new subjects** would you add?

### An advertisement

0:00-  
0:40



**Create an advertisement** which encourages young people to learn about money management - you could create a poster or a video. **Click the image to see Natwest’s advert for MoneySense.**

### Timetable

	1	2	3	4	5	6	7	8
Mon								
Tue								
Wed								
Thu								
Fri								

# 3 Learn something new

Science

## Live nature cams

Using [explore.org](https://www.explore.org), you can watch animals live in their natural habitat. There are live streams of birds, bears, African wildlife, and even live puppies and kittens! Click the image and take your pick.



Art



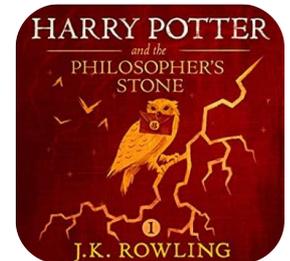
## Dav Pilkey at home

Do you love to doodle? The creator of Captain Underpants and Dogman is hosting weekly virtual drawing classes every Friday at 8am to show doodle-lovers how he draws some of his characters. Click the image to see some of his videos so far!

Reading

## Your Ticket to the Wizarding World

Never read Harry Potter but wondering what all the fuss is about? Well now's your chance to find out for free! Click the icon to listen to the *Harry Potter and the Philosopher's Stone* audiobook and get on your way to Hogwarts!



You can continue your journey at Wizarding World for all things Potter, including quizzes, games, puzzles, sorting hats and more!

# 3 Learn something new

Dance



## Harry Judd's Dance School

Love to dance? These tutorials will have your whole family dancing in no time! You could even start the next internet trend... Click the image try one out!

Cooking

## Theo Cooks

Every Monday, Wednesday and Friday at 4pm, you could learn how to cook up something tasty with Theo Michael. Click the image to find out which ingredients you'll need for the next "cookalong"! He'll stream his videos live on [YouTube](#) & [Instagram](#).



World News

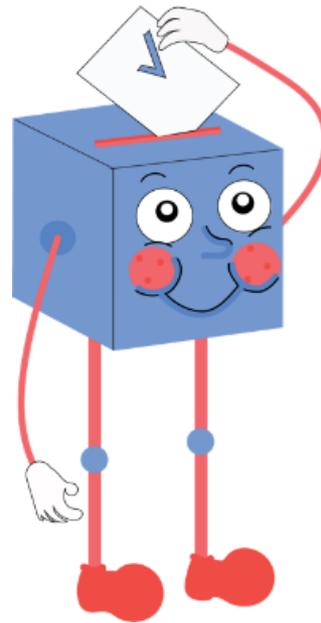


## Some Good News with John Krasinski

Sick of hearing bad news? Actor John Krasinski has set up a Good News YouTube channel to celebrate all the positive things happening in the world right now!

**You can find more of our resources at ...**

[votesforschools.com/downloads](https://votesforschools.com/downloads)



**Be informed. Be curious. Be heard!**

If you have any issues, feedback or comments, email  
[amy@votesforschools.com](mailto:amy@votesforschools.com)!